

TOP FIVE SWEET TREATS

by Edwina Dickson

“I WANT TO HAVE A GOOD BODY, BUT NOT AS MUCH AS I WANT TO HAVE DESSERT” SAID A WISE BUT NOT-VERY-FAMOUS COMEDIAN. I HAVE TO AGREE.

A WEEK ON WAIKIKI BEACH MIGHT MEAN MINIMAL CLOTHING BUT WHATEVER YOU DO DON'T DEPRIVE YOURSELF! HERE'S A TASTE OF MY FAVOURITE HONOLULU TREATS, A MINUTE ON THE LIPS AND A LIFETIME OF SWEET MEMORIES.



Hawaiian Shave Ice

— ONE —

MOCHI ICE CREAM

A blissful example of fusion food gone great. Oprah was right, mochi ice cream balls are heaven in a rice cake. Best eaten at their spiritual home, Bubbies in Honolulu, I make special mention of the Sakura, Lychee and Vanilla. These things need to go global. Immediately.

**Bubbies Homemade
Ice Cream & Desserts Hawai'i**
1010 University Ave, Honolulu
(808) 949-8984
www.bubbiesicecream.com

— TWO —

ONOPOPS

Not strictly sweet, OnoPops are the equivalent of Icy Poles hand made from scrummy local organic fruits, spices and sometimes cream. Out of 20 or so flavour combos, I've managed to put away Salted Watermelon Cream, Star fruit and lemongrass and Kona Latte. Seriously yummy.

**Kapiolani Community College
Farmers Market 4303
Diamond Head Rd, Honolulu**
hfbf.org/markets/markets/kcc

— THREE —

MALASADAS

Leonard's Bakery on Kapahulu Avenue is an institution for good reason. Whipping up hot Portuguese style malasadas since 1952, there is nothing quite like your first bite into one of these warm custard-filled beauties. To make your choice easy, go the coconut I say. Then vanilla and chocolate.

Leonard's Bakery
933 Kapahula Ave, Honolulu
(808) 737-5591
www.leonardsbakery.com

Oprah was right, mochi ice cream balls are heaven in a rice cake.

— FOUR —

COCO PUFFS

They sell between 5 and 7,000 of these things a day and I'm not surprised. A little like a chocolate profiterole with its own special spirit of Aloha, Liliha Coco Puffs are better than kissing. As seen regularly on Hawai'i Five-O, don't leave town without tasting one (hundred).

Liliha Bakery
515 N.Kuakini St, Honolulu
(808) 531-1651
www.lilihabakeryhawaii.com

— FIVE —

SHAVE ICE

For the quintessential O'ahu dessert, Wailoa is my top pick. Like a cup of fluffy snow, infused with the fruits and flavours of summertime, these guys make shave ice fit for a President, it's true – Obama is a regular. The queue moves fast, so don't let it put you off.

Wailoa Shave Ice
2135 Wailoa St, Honolulu
(808) 949 2269